



Occupational Health Services  
for employers and their employees



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## About

YelloH Limited is an Isle of Man based Occupational Health (OH) company providing a full OH service.

It is led by Adrian Mercer MCSP who brings over 30 years of healthcare experience to the service.

The vision is to ensure that YelloH develops its own evidence-based service that is innovative and sustainable across the Island and follows best practice in all that it does.

The 3 key areas will be in the delivery of Absence Management, Health Surveillance and Employee Wellbeing.

Its approach will be driven by mirroring its successful UK sister company FOHCUS but will develop its own unique service to meet the needs of the Isle of Man.





## Why Choose Us?

YelloH offers Occupational Health & Wellbeing Services which are designed to protect, support, and empower employees while helping workplaces meet their legal and ethical responsibilities.

Whether you're a large company, a small business, or a sole-trader seeking support, YelloH offers tailored solutions that can make a real difference.

As a Crown Dependency the Health and Safety at Work Order 2024\* brings into law the Health and Safety at Work etc. Act 1974 (of Parliament, UK) for the Isle of Man.

This is the Island's primary piece of legislation covering occupational health and safety requirements and this Act sets out general duties which:

- **Employers** have towards employees and members of the public
- **Employees** have to themselves and to each other
- Certain **self-employed** have towards themselves and others

Occupational health services help you establish and maintain a safe, healthy working environment.

At YelloOH we offer an impartial service that works on behalf of both employer and employee to build healthier, happier workplaces through effective wellbeing solutions.

\* *Source: Isle of Man Government*

# Benefits for the Employer

## **Reduced Absenteeism:**

Early intervention and health monitoring help prevent long-term sickness and reduce time off.

## **Improved Productivity:**

Healthy employees are more focused, engaged, and efficient.

## **Legal Compliance:**

Supports adherence to local employee health and safety regulations as well as the UK Health and Safety Executive (HSE).

## **Enhanced Reputation:**

Demonstrates a commitment to employee wellbeing, which attracts and retains talent.

## **Lower Insurance Costs:**

Fewer claims and better risk management can lead to reduced premiums.

## **Better Morale & Culture:**

A proactive health strategy fosters trust and a positive work environment.



Occupational health is about keeping people well at work, both mentally and physically.

At YelloH we do this through:

- Health Surveillance
- Absence Management
- Wellbeing, Lifestyle & Mental Health; and
- Vaccinations.

**Remember:** Staff may work for 40 years.  
A 6-month health-related absence should be viewed in perspective.



We're here to support your workplace setting through every stage

# Benefits for Employees

Offering confidential, expert advice to stay healthy and to thrive in the workplace.

## Personalised Support:

Access to confidential assessments, mental health resources, and tailored advice.

## Faster Recovery:

Structured return-to-work plans and rehabilitation support after illness or injury.

## Preventive Care:

Regular screenings and health surveillance catch issues early.

## Mental Wellbeing:

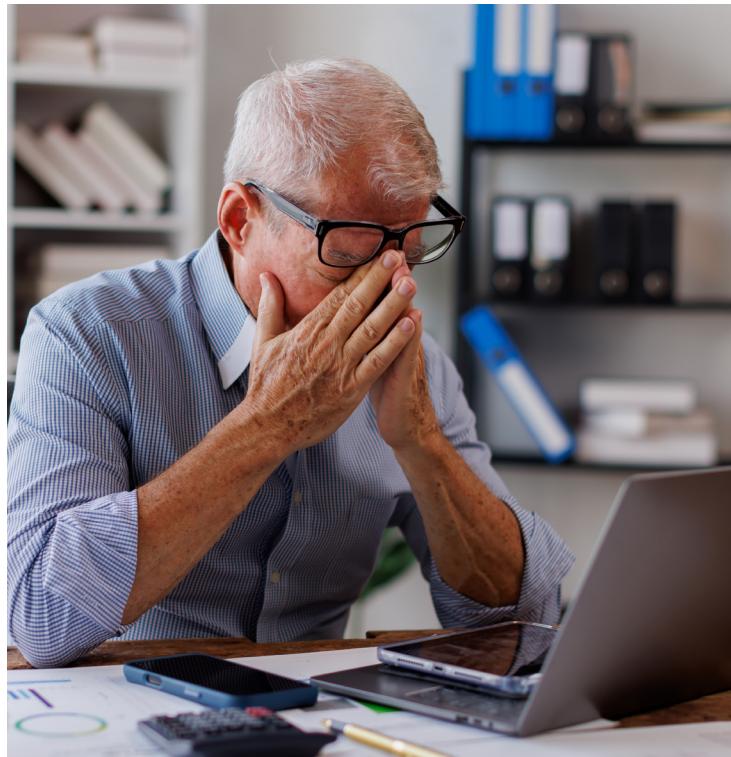
Services like counselling, stress management, and resilience training to reduce burnout and improve wellness

## Empowerment:

Employees feel valued and supported, boosting confidence and job satisfaction

By focusing on the prevention, management, and improvement of workplace-related health issues, Occupational Health aims to create environments where employees can perform their duties safely and effectively.

YelloOH offers a variety of health services which can be tailored for the type of workplace and for the employees individual needs.



Service Type	In the Workplace	For the Employee
Health Surveillance	Safeguarding workers' health—especially in environments where exposure to hazards is a concern.	This can include medical exams, biological monitoring (like blood or urine tests), and tracking trends across departments or job roles
Mental Health Support	Counselling, stress management, and resilience training	One-on-one counselling and stress coaching.
Absence Management	Early intervention and support to reduce long-term sickness absence	Personalised recovery and reintegration plans.
Personal Wellness	Encompasses the physical health and wellbeing of employees	Workplace Health and Wellbeing Checks.
Vaccinations	On-site flu jabs, Seasonal Flu, Hep A and Hep B, etc.	Vaccination Programmes for the employee.
Occupational Health Assessments	Fitness-for-work, pre-employment checks, evaluations and return-to-work planning	Confidential evaluations conducted by qualified occupational health professionals to determine an employee's fitness for work.
Ergonomic Advice	DSE Assessment to reduce musculoskeletal disorders, eye strain, fatigue, and even psychological stress	Undertake workplace assessment and identify suitable interventions tailored for the individual.

# Key aspects of our Occupational Health Service

## **Personalised professional support**

Speak directly to us whenever you need to.

## **Evidence-led advice**

Our recommendations are based on the latest research, giving you the clarity and confidence to make informed decisions for your staff.

## **Balanced outcome-driven service**

Best possible outcomes through the right balance of cost, time and quality.

## **Empowerment through knowledge**

We help you build your understanding of health and wellbeing to identify the most effective interventions for your workplace.

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V1 09/2025