

No more excuses

YOU NEED A FLU VACCINE

"Oh, the flu isn't so bad ... right?"

Wrong!"



Influenza (flu) is a contagious disease which affects the lungs and can lead to serious illness, including pneumonia.

Even healthy people can get sick enough to miss work or school for a significant amount of time or even be hospitalised.

The flu vaccine is recommended for everyone 6 months of age and older.

Pregnant women, young children, older people, and people with certain chronic medical conditions like asthma, diabetes and heart disease are at increased risk of serious flu-related complications, so getting a yearly flu vaccine is especially important for them.

Book now:

Office@yellowh.im or Call 07624 368 889


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