

No more excuses

YOU NEED A FLU VACCINE

“But what if the flu vaccine makes me sick?”

I can't risk missing work or school”

The most common side effects of flu vaccines are mild. The flu vaccine cannot cause flu illness; however, it can cause mild side effects that may be mistaken for flu.

For example, people receiving the flu vaccine or spray may feel achy and may have a sore arm where the vaccine was given.

People vaccinated with the nasal spray flu vaccine may have a stuffy nose and sore throat.

These side effects are NOT the flu. If experienced at all, these effects are usually mild and last only 1-2 days.



Book now:

Office@yellowh.im or Call 07624 368 889

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OCCUPATIONAL HEALTH

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